



THE TENNESSEE QUARTER HORSE ASSOCIATION

PRESENTS

A TRAIL FIRST AID CLINIC SPONSORED BY YOUR LOCAL
TRACTOR SUPPLY

Join TQHA on Saturday morning, October 2, 2010 for a Trail First Aid clinic. It will be a great clinic for both experienced and new trail riders and will take place immediately before the official Trail Ride sets off. Topics include:

- Heart rates for horses at rest verses a horse that has been ridden normally
- The temperature of a normal horse verses a horse that might be in danger as well as the signs of dehydration
- Why horses sweat and what is normal
- The possible hazards you can meet on the trail
- The use of fly control
- The use of leg protection
- The types of safety equipment both rider and horse should use

During the clinic we will have drawings for First Aid kits and a new helmet.

